

Yoga Practice Center, LLC
 6 Week Spring Session
 March 22 - April 27, 2023

Name _____

Address _____

Phone _____

E-Mail _____

Class Day _____ Time _____ Fee _____

Fee Paid _____

Do you have any current physical conditions that will impact strenuous exercises? Yes No
 If Yes, please give details:

I, the undersigned, voluntarily register for yoga class(es) and agree to assume full responsibility for my health and well-being while I am participating in class. I have read the class descriptions & I am enrolling into the class level most suitable for me. I will not ever hold Yoga Practice Center or the instructor responsible for illness or injury occurring in a yoga class, or while I am on the premises. *I understand yoga is challenging and vigorous with risks.* I have read & agree to follow studio policies.

Signature: _____

Date: _____

Studio Mailing Address

Yoga Practice Center, LLC
 9885 Ann Arbor Road West
 Plymouth, MI 48170

Detach here

Detach here

Detach here

- * Registration & Payment needed by March 20th, 2023.
- * If you are ill please do not come to class.
- * Wearing a mask in the building and during class is optional, do what makes you feel safe.
- * Bring Your Own Sticky Mat and any other equipment you want. Limited studio equipment is available if you prefer.
- * Class will be cancelled if weather is outrageous. Sorry, no extra class will be added to end of session due to weather.

6 Weeks Spring Yoga Session: March 22 - April 27, 2023

Monday	Tuesday	Wednesday	Thursday
			11:00am-12:30pm All Levels
		6:30pm-8:00pm All Levels	
email: yogapractice@gmail.com			

Studio Policies Please read this before signing registration form.

- ◆ Register 5 days before session begins, class will not run if under-enrolled.
- ◆ Make-Up Classes: Due to class size limitations please let Lynlee know if you plan on making up a missed class.
- ◆ No refunds or credits are given once session begins.
- ◆ Arrive 10 minutes before class to quiet down & prepare for practice.
- ◆ Note: All classes are designed for *Active Adults* who practice yoga at home.

6 Weeks Winter Yoga Fees

Registration

Clothing & Equipment

Spring Session \$120
 Drop-in 1 class \$25
 Check: Yoga Practice Center
 Fees due before March 20, 2023

Please return your signed registration form and *full* payment BEFORE you come into your first class, Thank You.

Wear t-shirt, tights or shorts, Yoga is practiced in Bare Feet. **No perfumed products.** Please Bring Your Own Sticky Mat.