

Yoga Practice Center, LLC  
 8 Week Fall Session  
 September 19 - November 10, 2022  
 email> yogapractice@gmail.com

Name \_\_\_\_\_

Address \_\_\_\_\_  
 \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Class Day Time Fee

2nd Class Time Fee

Total Fee Paid \_\_\_\_\_

Are You Vaccinated? Yes  No

Do you have any current physical conditions that will impact strenuous exercises? Yes  No

If Yes, please give details:

\_\_\_\_\_

\_\_\_\_\_

I, the undersigned, voluntarily register for yoga class(es) and agree to assume full responsibility for my health and well-being while I am participating in class. I have read the class descriptions & I am enrolling into the class level most suitable for me. I will not ever hold Yoga Practice Center or the instructor responsible for illness or injury occurring in a yoga class, or while I am on the premises. *I understand yoga is challenging and vigorous with risks.* I have read & agree to follow studio policies.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please email before mailing-in registration to find out status of class  
**yogapractice@gmail.com**

Yoga Practice Center, LLC  
 9885 Ann Arbor Road West  
 Plymouth, MI 48170

Detach here

Detach here

Detach here

**In Person Classes are held for Vaccinated Students Only:**

- \* As there is limited space for vaccinated students, first come first served, and are planned according to number of students enrolled.
- \* Please email [yogapractice@gmail.com](mailto:yogapractice@gmail.com) to find out status of a class.
- \* Registration & Payment HAS to be made PRIOR to September 16, 2022.
- \* No Drop-ins or last minute late arriving attendees will be admitted.
- \* If you are ill in *any way* you must not come to class.
- \* Following current Covid Guidelines, wearing your mask in the building and during class is optional, do what makes you feel safe.
- \* Bring Your Own Sticky Mat and any other equipment you want. Studio equipment is available if you prefer.

8 Weeks Fall Yoga Session: September 19 - November 10, 2022

Monday	Tuesday	Wednesday	Thursday
	11:00 -12:30pm In Person Studio Class Mixed Levels		11:00am-12:30pm In Person Studio Class Mixed Levels
6:00pm-7:30pm In Person Studio Class Mixed Levels		6:30pm-8:00pm In Person Studio Class Mixed Levels	email: <a href="mailto:yogapractice@gmail.com">yogapractice@gmail.com</a>

**Studio Policies** Please read this before signing registration form.

- ◆ Register 5 days before session begins, class will not run if under-enrolled.
- ◆ Make-Up Classes: Due to covid class size limitations there is no opportunity for making up a missed class without prior consent from instructor.
- ◆ No refunds or credits are given once session begins.
- ◆ Arrive 10 minutes before class to quiet down & prepare for practice.
- ◆ Note: All classes are designed for *Active Adults* who practice yoga at home.

8 weeks of Fall Yoga Fees

Registration

Clothing & Equipment

Summer 2022 Session \$150  
 Take a 2nd class for \$120  
 Check: Yoga Practice Center, LLC  
 PayPal> email for address  
 Cash Is Always Appreciated  
 Fees due before Sept 16, 2022

Covid Procedure:  
 Please email to find out class availability. Then, mail-in your signed registration form and full payment BEFORE Sept 16, 2022, Thank You.

Wear t-shirt, tights or shorts,  
 No baggy clothes, no sweats.  
 Yoga is practiced in Bare Feet.  
 \*No perfumed products.\*  
 For hygienic purposes, Please Bring Your Own Sticky Mat.